



THE NEBRASKA WING SAFETY MONTHLY



DECEMBER 2024

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2025 COMMAND EMPHASIS ITEMS

Our new CAP fiscal year began last month with a review of our safety practices. For the 2024-2025 year, NEWG CC Col David Plum has set forth emphasis items that will enhance our already effective safety efforts. Those emphasis items may seem simple, but it reflects the necessity to maintain the essentials. In fact, we can use them as a measuring stick against everything we do.

PAY ATTENTION-

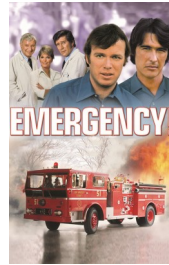
DON'T GET HURT-

DON'T HURT SOMEONE ELSE-

USE COMMON SENSE-

These items will only enhance the safety posture of Nebraska Wing if we see ourselves in a safety partnership where all hands benefit. Please join in that partnership with me. ✨

SAFETY IN THE MOVIES



The television show *Emergency* (1972-1979) inspired many with their demonstration of what could be accomplished through both fire department and medical training, practice, professionalism, and of course, a careful attention to safety. It showed us that the better prepared we are the better the effect we have on the lives of those around us.



HEALTH SERVICES OFFICER

We are excited to announce that CAP is putting a greater emphasis on the health and welfare of our members and placing the Wing Health Services Officer within the safety team. Our HSO is:

Lt Col (Dr.) Arthur Weaver a.weaver@cox.net



CAPR 160-1 IN FOCUS

160-1 2.4.2.3 **Commanders are** encouraged to appoint assistant SEs to ensure adequate coverage of all SE duties and all mission areas. Examples include assistant SE for operations, assistant SE for cadet programs, etc. Assistant SEs should meet the same qualifications as the SE as outlined in paragraphs 2.6.2 and 2.6.3.

CAPR 160-2 IN FOCUS

160-2 6.3.7 **Unit or wing commanders** receiving notification of an SSO from a member must provide notification to their next level commander per that region's supplement to this regulation.



THE SAFETY DICTIONARY

TEACHABLE - a person willing to be taught. A wise individual.

FRZG RAIN IS DANGEROUS!

Understanding Winter Weather

What is FREEZING RAIN?

Freezing rain is liquid precipitation that freezes on contact with cold surfaces as it enters a shallow layer of temperatures at or below 32°F near the surface. This creates a dangerous coating of ice on roads, walkways, trees and power lines

For more information on winter weather safety, visit: weather.gov/winter

CADET CORNER

Among the essential skills cadets need to have in their tool kit is the attribute of being teachable. None of us know it all. But if you are willing to be taught it will not only benefit you in Civil Air Patrol, but for the rest of life itself. And of course, good teaching often leads to personal safety.

WISDOM



Wisdom is listening to and receiving instruction from others with more skill and experience. Wisdom is an essential component of safety. It is a great gatekeeper.



WINTER SAFETY ON FOOT

10 WAYS TO PREVENT SLIPS, TRIPS, AND FALLS

The risk of slipping, tripping, and falling increases dramatically during winter months. Make fall safety a top priority this season with these ten tips.



STORM COMING?



Blizzard Warning

Severe winter weather is expected within the next **12 to 36 hours** or is occurring -- including whiteout conditions. **Do not travel.**

take action.

Winter Storm Warning

Dangerous winter weather is expected within the next **12 to 36 hours** or is occurring. **Considerable travel problems** are expected.

take action.

Winter Weather Advisory

Potentially dangerous winter weather is expected within the next **12 to 36 hours** or is occurring. **Travel difficulties** are expected.

be aware.



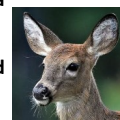
PILOT'S CORNER

When we are flying a powered aircraft we do not normally consider them to be a glider. But there are times when it is beneficial to treat the plane that way. Loss of control accidents can result from over controlling. Cessnas, assuming they are loaded properly, are well balanced and love to fly. They especially have the advantage of the pendulum effect from the fuselage hanging below the wings which helps with stability. If you get into a tough spot and cannot seem to make the proper corrections, just let go for a few seconds and see what it does (unless you are in a spin— in that case correct immediately!). If you are flying a twin with an engine failure and cannot regain directional control, pull the remaining throttle to idle and apply rudder as necessary. Once in balanced flight, ease the power back in.

DEER IN THE HEADLIGHTS

It is that time of year again when deer present a significant hazard to automobile travel. To remain safe during this season here is some important guidance:

- Deer are most active at dawn and dusk. They travel in groups.
- Peak mating season is October-December.
- Use caution in wooded or rural areas or near water. Remain vigilant.
- Use high beams in reduced visibility or at night (except with oncoming cars).
- Reduce speed in these areas. Be ready to brake.
- Do not swerve to avoid hitting a deer—hit them head on.
- Do not approach an injured animal.





The need for safety never takes a holiday. Particularly at Christmas time when indoor fire hazards and outdoor winter weather are present. Enjoy this most precious celebration, but please remain safety minded.



HOLIDAY FOOD SAFETY: keep foods separated to prevent the migration of germs. Wash your hands frequently. Cook food thoroughly. Keep food out of the bacteria growing danger zone of 40-140 F. Know that raw flour and eggs can have germs. Use pasteurized eggs for dishes containing raw eggs. Refrigerate foods quickly. Keep everything clean.



Everything here, except the cat, is potentially the beginning of nice living room bonfire. Have fun but keep things organized to prevent slips, falls, and ...family bonfires.



Christmas, among other important things, is a season of giving. So this is a great opportunity to sincerely thank you for the giving of your time and energy to SAFETY—from which we all benefit—and to Civil Air Patrol. Merry Christmas Everyone.

CHRISTMAS TREE SAFETY TIPS

LIVE TREES

1. Only purchase trees that are fresh and green with needles that are hard to pull from branches
2. Water daily
3. Keep tree away from heat sources and exits
4. Use certified lights that are in good condition
5. Turn off lights when leaving home or going to bed
6. Get rid of tree after Christmas or when it turns dry

ARTIFICIAL TREES

1. Keep tree away from heat sources and exits
2. Never use electric lights on metallic trees
3. Use certified lights that are in good condition
4. Turn off lights when leaving home or going to bed





As Father Time leads into 2025, it is an opportunity to reflect upon our performance in safety and how that performance aided our fellow members and the organization over all. The keys to success will be the same for the coming year as in 2024: training, knowledge, evaluation, alertness, and having not only a safety mindset but also that of a wingman.

Safety in 2025 will not happen on its own. It is up to us.

